



This half term has been a quick one! We only have one week left until the half term holiday. After 11 years at the school we will be saying goodbye to our school business manager, Mrs Swinhoe. We would like to thank her for all she has done for the school and wish her all the very best. We do not have a replacement at the moment and an advert is on the website.

Again, we have had upset children this week as stickers and pens have gone missing. Please can we remind you that the children should not be wearing jewellery, bringing in trading cards or items from home unless they have been specifically asked to.

Next Thursday is the school's friendship disco. As it starts straight from the end of the school day the children can come to school in their party clothes. It is forecast for the 'Beast from the East' to be with us next week so they will still need warm clothes on.

Remember if you have a concern or worry the first person you should be speaking to is the class teacher. They will be able to help you in the first instance.

Mr Darling and the choir had a fantastic time at The O2 with Young Voices on Tuesday evening. Thank you to Andrew and Mrs Choudhary for giving up their time too for the evening. Thank you also parents for being so understanding about the delay getting home.

Year 5 parents please make sure you are completing the form on the app for the camping trip. You can pay weekly, monthly or all in one go for the event. It won't be long now. It also won't be long before we talk to you about the trip next year to the Isle of Wight! As my mum always used to say 'time flies when you are having fun!'

With us having our friendship disco next week and the holiday club the week after, we are focusing on Article 15.

Katie Jennings
Headteacher



Apologies to Barn Owl & Miss Yasin for not mentioning their assembly last week. It really highlighted the wonderful work they had been doing about National Storytelling week. Some amazing acting and story telling were displayed. It was great to see so many parents in attendance.

Thank you to Miss Hussain & Maggie for their assembly this morning on Mental health & well being week. They shared interesting facts about how much sleep children need and how much water a day. They also linked it to the Rights and Respecting articles.

If you need help.

At school we have lots of things that we can do to help families. There is the welfare bank, that has a range of things from food to toiletries.

There are the learning mentors and school counsellor, who can offer wellbeing support.

We have the swap shop for uniform.

If there is something else that we can help with please leave a message at the front office or email headteacher@missiongrove.org.uk

There are some things that I can't help with but lots that I can.

SPECIAL DATES IN NOVEMBER

February Half Term Holiday club

This will be running Monday 17th—21st February.

If you would like to book a place please click [here](#)

This will take you to the booking form on the school website under parent.

Our session start at 08:45am and finish at 16:45pm (£20:00). However you can buy an additional hour at the start and end of the day for an additional £5:00 per hour.



Green Attendance

4 Swallow	95.11%
4 Swan	95.11%
4 Skylark	95.29%
3 Wren	95.45%
1 Moorhen	95.85%
2yr North PM	96.72%
2 Kinglet	96.79%
Nursery South Full Time	97.04%
6 Goose	97.68%

February

- 10th Magpie @ Young V & A Museum
- 12th Year 3@ Natural History Museum
Year 6 Come Dine With Me
- 13th Friendship Disco end of school until 5.15 or 5.30pm £5
Year 5 British Museum trip
Year 3 Come Dine With Me
- 14th Moorhen @ Young V & A museum
Sparrow Class Assembly
End of half term
- 17th– 21st Half Term
- 24th Children return to school
Playground works commence on both sites—there will be some disruption in the playground.
- TBC Ramadan
- March**
- 6th World Book Day
Curriculum Governors
- 7th Girl's big football match

EdenRed vouchers

There will be vouchers given at February Half term for parents who have successfully applied for Free School Meals via the council website. Click [here](#) for the application details.

The school will issue the vouchers to the email address of the primary contact . If your details have changed please speak to the office as soon as possible. Once we have issued them to an email we can not get them back to reissue.

The world is full of kind people. If you can't find one, be one.



Help us create a safe and happy environment for everyone. Think before you shout or get angry with staff. **RESPECT YOURSELF, RESPECT OTHERS!**

MissionGrove
PRIMARY SCHOOL

RESPECT YOURSELF RESPECT OTHERS



Shouting & swearing will not be tolerated anywhere in school.

Hear from Mission Grove Governors:

Matilda, Link governor for Sustainability had a great visit this week with Ms Hussain to discuss how Mission Grove is improving sustainability across the school:

"I am very proud that Mission Grove is a Green Flag distinction school! It was brilliant to visit and discuss the school's Climate Change action plan with Ms Hussain and hear about everything Mission Grove is doing to promote sustainability. We discussed the great work the Eco-Team have been doing to promote energy saving in their classrooms and how sustainability has been built into the curriculum. We also had a look at the new green area outside school which is designed to recycle water from the roof to grow fruit, improve air quality and promote biodiversity. It was also great to hear how many children are now walking, scooting or cycling to school and promoting active travel."

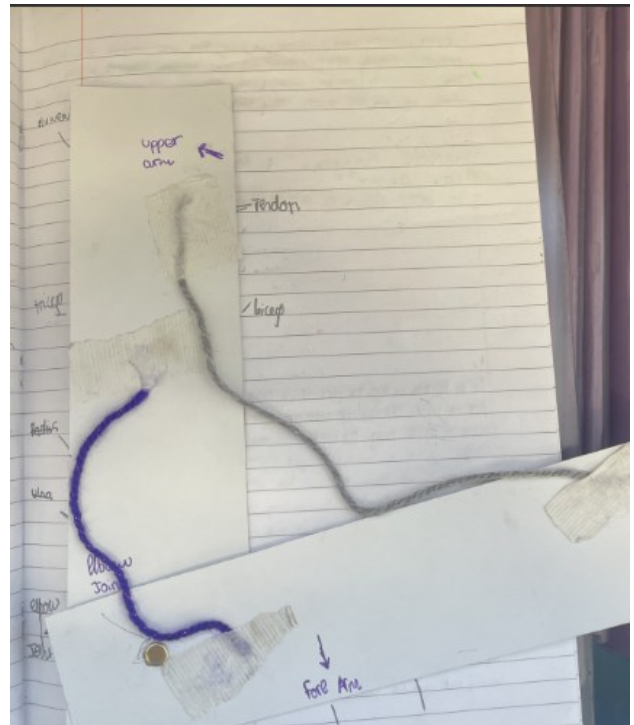
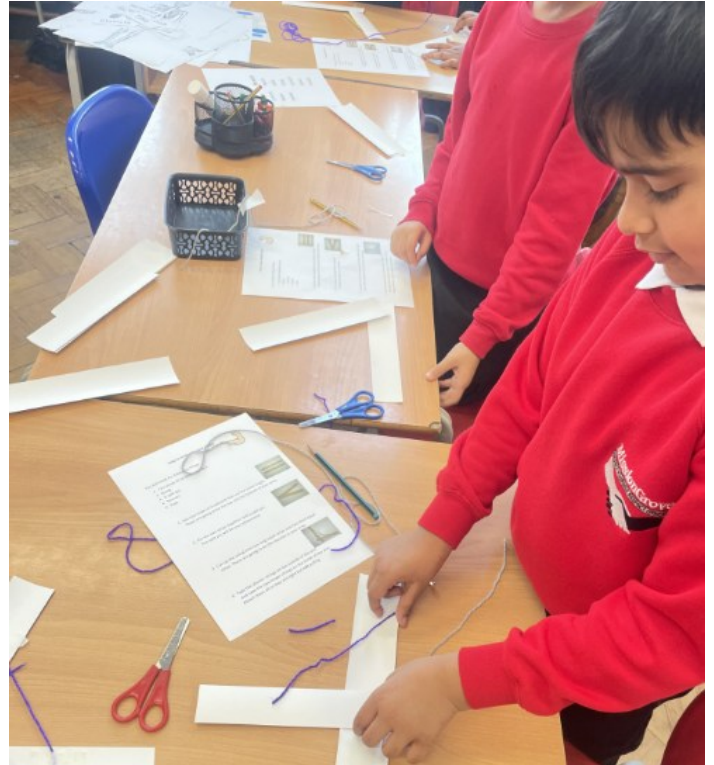
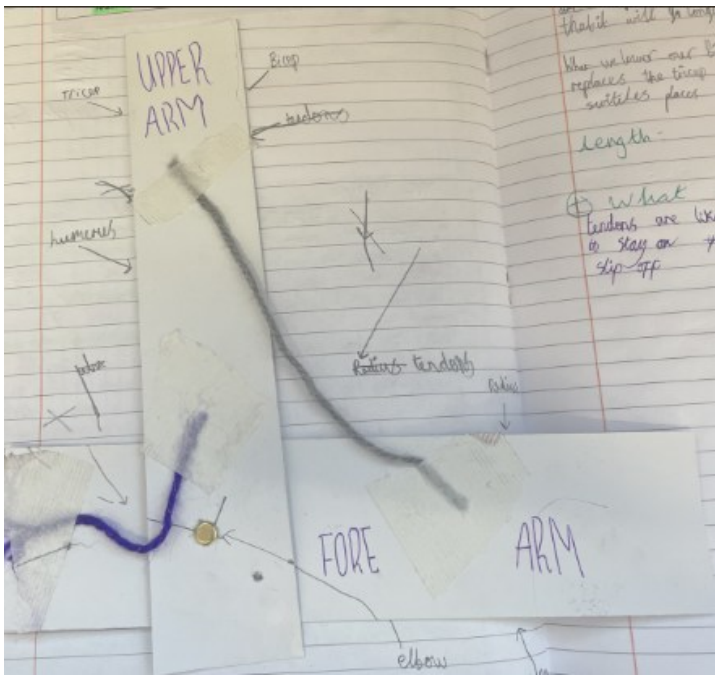
Parent Governor

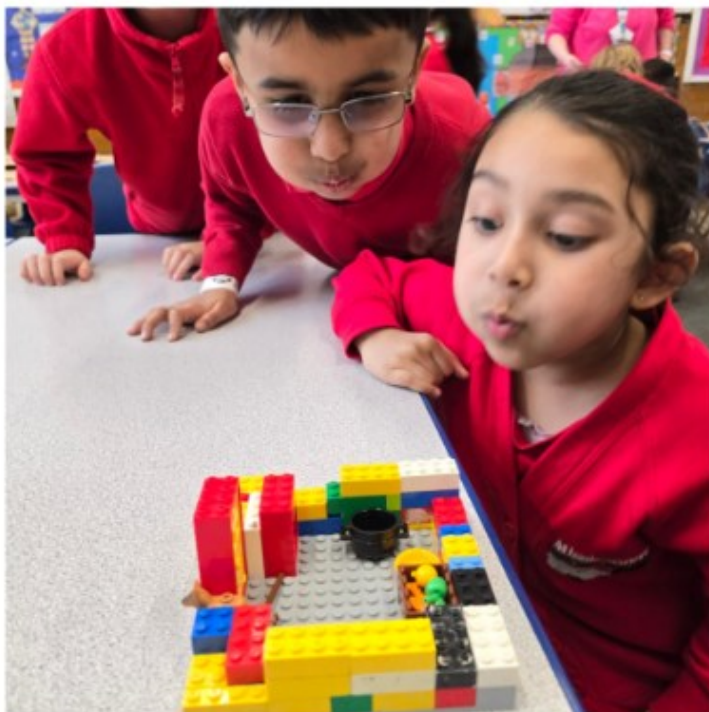
We are need in need of a parent governor. We have a representative from South and one from North, but the Governing Body constitution is for 3 Parent Governors. If you are interested about founding out more please contact me on headteacher@missiongrove.org.uk



Year 3

As part of our Science unit 'Animals including Humans', Waxwing class have learning about how our muscles work. We made a model of our arm to show how the bicep and tricep work together when we bend and straighten our arm.





For Science, year 1s have been exploring the super scientist for this term – Charles Mackintosh – linking all their learning to both materials and properties. After re-reading the story of the 3 little pigs they worked in groups, using different materials, to create houses suitable for them. Playdough, lolly sticks, cardboard boxes and Lego were given to create these houses. After making predictions as to which houses will fall down first, we all conducted our experiment of trying to blow the houses down. Year 1 very quickly discovered that the Lego was the strongest of materials.

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RESPECT YOURSELF RESPECT OTHERS



13th February 2025

Please join your child for a school meal at 12.15 on Thursday 13th February
The cost is £3.50 and you can pay in cash or card at the office or on parentpay.

Year 3 @ 12.15

Made with PosterMyWall.com

FRIENDSHIP DISCO
£5 INCLUDES SMALL SNACK & A DRINK
FEBRUARY 13TH

South 3.15 - 5.15pm
North 3.30 - 5.30pm

MissionGrove
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Year 6
12.30 pm

Save the date
Come dine with us
Wednesday 12th February 2025
Eat well. live better.

Come and join your child for lunch at 12.30 on 12th February Cost £3.50

gofundme

**Playground
refurbishment**

MissionGrove
PRIMARY SCHOOL
RESPECT YOURSELF RESPECT OTHERS

Donate now!

gofund.me/d2efadb9



TIPS FOR FAMILIES

Place2Be's

CHILDREN'S
MENTAL HEALTH
WEEK

1 Encourage journalling

Just like Riley, encourage your older children and young people to express their emotions and thoughts through journalling. It can be less confronting than speaking out loud and is a helpful way to process what is going on.

2 Make space for reflection

When children and young people reflect on their different emotions, it can help them better understand themselves and what they need.

Go for a walk, drive, or try some mindful colouring or baking together.

3 Be visual

Use imagery, such as emojis or flashcards to help children and young people recognise and label their feelings.

4 Practice mindfulness

Try mindful activities, and quiet family time, to enjoy being in the present moment. This can help children and young people be aware of their thoughts and emotions and learn a useful new coping technique.

5 Communicate

Feedback is crucial for helping us see our blind spots and gain greater insight. Children and young people are no different. Creating safe and supportive ways to share your own experience with your child can help them understand themselves and their impact on the world around them.



If you're a parent or teacher, you'll find loads of useful advice to help you support the brilliant young people in your lives – from FAQs to downloadable packs. [Here4You.co.uk](https://www.here4you.co.uk)



10 Top Tips for Parents and Educators

SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.



2 MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.



3 MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.



4 USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.



5 PRACTISE EMPATHY

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.



6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.



7 TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.



8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.



9 USE VISUAL AIDS

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.



10 CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.



Meet Our Expert

Adam Gillett is Associate Vice-Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.



#WakeUpWednesday

The National College