



Thank you to the 5 parents who came along to listen to PC Dave Sparks give a talk about gangs and street safety. From the questions and the conversations that I overheard I know that they found it extremely informative. It is a shame more parents couldn't make the event. It has been quite a busy week in school. On Monday we started anti bullying week with our odd socks, but we also on Monday had a minutes silence at 11am for Remembrance. Thank you to everyone who gave donations. On Tuesday we had 2 mind blowing concerts with Ross from Rocksteady. He was giving all the children a small taster of what it is like to be in a band. We do have spaces in our RockSteady Bands, see further in the newsletter for the link. On Wednesday, we saw the children celebrating their uniqueness and the diversity of the school. The children across the school produced fantastic work reflecting our diverse culture and attitude in school. It fitted with anti-bullying, stand up to racism and the UNICEF rights and respecting.

The children in years 6 and Reception had their height and weight measured on Wednesday. On Thursday the Book Fair moved across to the South. It will be there until next Wednesday evening. Today we saw a group of children head to The Score to take part in what is now the annual EFL kids competition in association with Leyton Orient FC. They made it to the quarter finals.

Today we had another non-uniform day for Children In Need. Thank you for all your support this week with the events. It has been a bit full on and we appreciate that may add to the stress for morning preparations.

We have only got 24 school days left until the Christmas break! As always they are going to be very busy 24 days. We have theatre trips, pantomimes, Nativity, Christmas music concerts, Film nights, Christmas Fair, Christmas lunch and much more. Oh yes we do!

Unfortunately, we have had no one put themselves forward for the parent Governor for North site yet. The form is on the APP. It is a fantastic way to get to know about the strategic workings of the school.

I hope you all have a very positive week-end.

Katie Jennings

Head Teacher



Please sign up to have an Estate Agent board up at your home promoting the school's Christmas Fair. We get £10 for every sign that gets put up. Thank you to

Estateeast.co.uk for sponsoring this.

If you know anyone or any company who would also like to sponsor the fair please ask them to contact [finance@missiongrove.org.uk](mailto:finance@missiongrove.org.uk)

PTA next meeting

Tuesday 19th  
November

3pm North site studio.

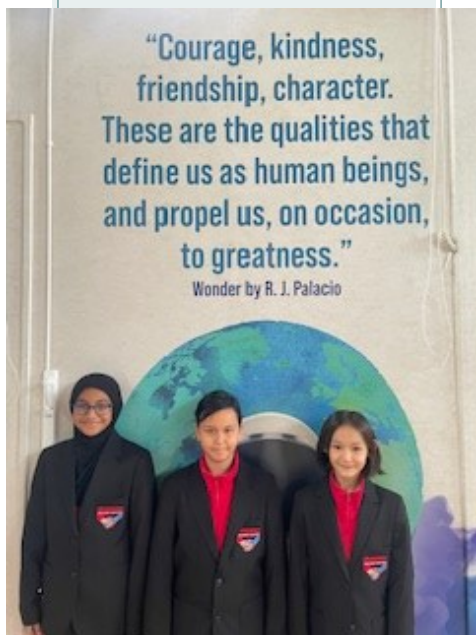
Only agenda item is Christmas Fair.

One of our extremely talented mums has designed a Mission Grove Christmas Card.

They will be going on sale soon. Here is a sneak preview



## SPECIAL DATES IN NOVEMBER



### November

18th Parliament week

Skylark and Swallow swimming for 2 weeks

Year 5/6 indoor football competition

19th KS1 Sports hall activities selected children

3pm PTA meeting—Christmas Fair

20th *Change of date* Reception Autumn walk trip to St James Park

Come Dine with me Reception 11.30am , Year 2 –12.15

Come and eat lunch with your child £3.50

Year 5 & 6 Intofilm festival trip to Vue Wood Green

22nd KS2 Sports hall activities selected children

26th Sparrow trip to pumphouse

27th Year 5 & 6 Annual Trip to The Chicken Shed Theatre

Come Dine with me Year 1 – 12 noon, year 4 – 12.30pm

£3.50 to come and have a lunch with your child.

28th Swan trip to Pumphouse

### December

3rd South site Pantomime

Skylark Pumphouse

4th North site Early years and year 1 Pantomime

5th Years 2,3,4 Pantomime North

Festive Film Night £6

Full Governors

9th Rocksteady Bands Concerts

10th Music Concert

Swallow at the Pumphouse

11th Nativity North am and pm showings

13th Nativity South am and pm performances

16th Christmas Fair

17th Christmas Parties

# Making Rights Happen: Articles 1, 4 and 41

The Convention on the Rights of the Child brings together a range of rights that all children aged under 18 are entitled to, no matter who they are or where they are born. These rights ensure that all children are given the support they need to develop and reach their potential and are protected from harm. Governments across the world have signed up to the CRC and have promised to make the rights within the CRC a reality for children in their country and a number of articles specifically mention what governments must do to make rights happen.

**Article 1** makes clear that everyone under the age of 18 has all the rights in the Convention.

**Article 4** states that governments must do all they can to make sure every child can enjoy their rights by creating systems and passing laws that promote and protect children's rights.

**Article 41** states that if a country has laws and standards that go further than the present Convention, then the country must keep these laws.

This Article of the Week will support you to explore these rights in more detail and consider what must be done to make rights happen for all children.



18th—24th Is UK Parliament week.

It is an annual series of events in the United Kingdom that aim to inspire interest in parliament, politics and democracy and encourage young people and the public to engage with the UK's democratic system and institutions.

The UK Parliament makes laws and debates big issues. It checks and challenges the work of the government. The work of the UK parliament plays an important role in the daily life for everyone in the country. We will be linking the above articles with Parliament week.





**D**ifferent people, are from different countries  
**I** respect people from different cultures  
**V**ariety makes the world bright  
**E**ach community has their way  
**R**espect all religions and not religious people  
**S**pecial places to visit  
**I**nside we are all kind  
**T**ogether we all share  
**Y**ou and I are all kind



# 10 Top Tips for Parents and Educators

## TEACHING CYCLE SAFETY

Cycling is an amazing way to spend quality time together as a family, as well as keeping everyone healthy and active – and it's an excellent exercise, whatever the age of your children. Getting started can sometimes be daunting, and there are obvious safety concerns over youngsters who are still getting used to a bike – so follow our top tips to help you ride with confidence.

### 1 CONSIDER CYCLE TRAINING



Courses like Bikeability are extremely useful, and training in general has come a long way since cycling proficiency began; there are Bikeability courses for adults, too. Cycle training teaches invaluable skills (such as good road positioning, signaling and visibility), and can help both parents and children feel more at ease on busy streets.

### 2 USE A SUITABLE BIKE



Find a bike of an appropriate size for its rider and resist the temptation to have children 'grow into' theirs by buying one too large for them. A bigger bike will be heavier and more difficult to control, making accidents more likely and potentially putting youngsters off cycling forever. If your child has any specific physical needs, or has dyspraxia, then try out a trike, handcycle or other adaptive cycle to see what works best.

### 3 TRY A CARGO BIKE



Cargo bikes, particularly the box-bike style, are ideal for transporting small children around. Depending on the type of bike chosen – as well as the size and age of the children – it can be possible to transport up to four little ones in this way, with additional space for other cargo as well.

### 4 INSPECT YOUR CYCLE



It's a good idea to do some routine checks on any bike before going for a ride to make sure everything's working correctly. The 'M check' is particularly useful: assessing the condition and position of the bike's wheels, handlebars, brakes, pedals, chain and saddle, working from front to back. Online tutorial videos can also teach you how to carry out basic repairs if needed. For more complicated fixes, head to your local bike shop.

### 5 BRING SUITABLE GEAR



Ensure whatever you're wearing, and any attachments for your bike, are suitable for the ride. A waterproof jacket will let you cycle safely in almost any weather. Make sure any helmets are fitted correctly. If you're riding after dark, remember to fit your bikes with a white front light, a red rear light and a red rear reflector. These are required by law.

### 6 STICK TO FLAT TERRAIN

Take a smooth, flat route if possible, so it's more suitable for younger cyclists. You might be surprised by how many quiet roads or back streets there may be in your area. Don't be put off by an indirect but easier path as opposed to a shorter, busier one. Look out for the National Cycle Network, canal towpaths and even parks that you can cut through.

### 7 STAY ALERT AND IN SAFE FORMATIONS



For maximum protection and visibility, ride in a line with children in the middle and adults at either end. If you're the only adult present, take up a position at the rear to ensure all children remain in your sight. Don't be tempted to hug the kerb if cycling on the road – riding approximately a metre out will make you more noticeable to other road users, and you'll also stay clear of any debris in the gutter.

### 8 AVOID PARKED CARS



When riding past parked cars, try to stay at least a metre away, just in case anyone inside opens a door unexpectedly or the vehicle itself starts to move. This precaution will also deter anyone driving behind from trying to squeeze past you when there isn't enough space, so don't be afraid to ride in a prominent position.

### 9 START A 'BIKE BUS'



Cycling to school with other families is a potentially fun experience – one which comes with the added benefit of safety in numbers, in case anything goes wrong along the way. Team up with other parents, carers and educators and pick a day to cycle to school together. Who knows – maybe, in time, you'll have other folks asking to join you?

### 10 HAVE FUN!



Keep in mind that cycling should be fun! A good bike ride can be really enjoyable for adults and children alike, while also being a superb form of exercise. Ease children into the hobby by starting them off with shorter journeys – such as a trip to the park – and build them up to longer, more complicated outings. Some children may get bored on a longer ride, so try to keep a conversation going with them.

### Meet Our Expert

Sophie Gordon is the campaigns manager at Cycling UK, a charity which inspires and enables people to start cycling. She has spent six years campaigning for safer roads and more protected cycle paths, while supporting communities to call for better cycling conditions where they live.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/teaching-cycle-safety>

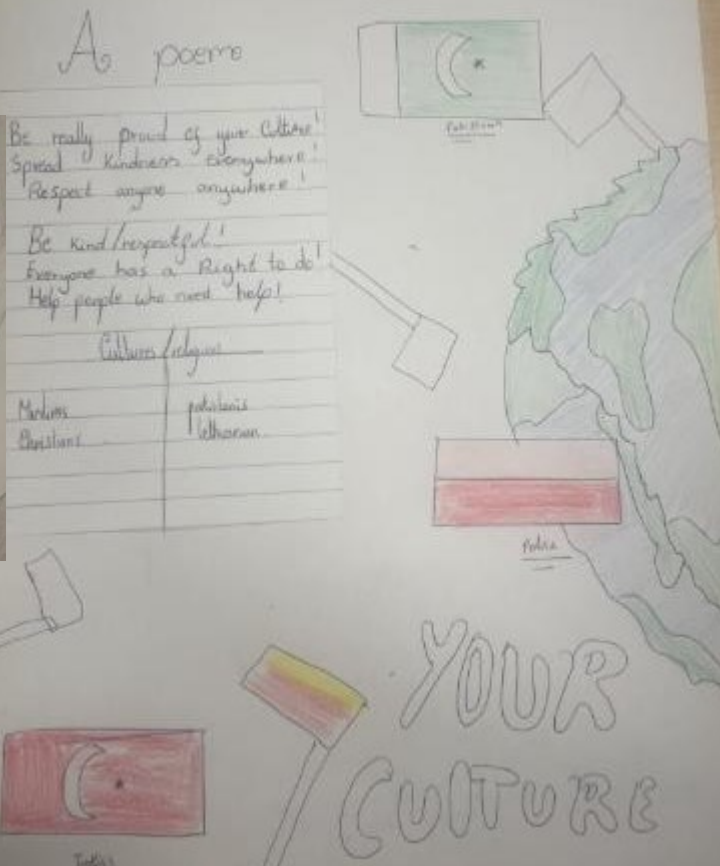





 First day of school  
 It is a new school, a new place, a new life.  
 Hope on the hand for a new best friend.  
 They find the one to open all paths to the culture, and  
 all what they have been through in the past.  
 While it's being looked or being the body, the child wants  
 a new friend.  
 The best friend they choose is the one that shows love and  
 acceptance, equality and support.  
 And on this child's journey for the first chapter of their life  
 they realize it's not about your culture or words or  
 what you have done, you should be accepted for who you  
 are.



Culture Day  
 A poem  
 Be really proud of your culture!  
 Spread kindness everywhere!  
 Respect anyone anywhere!  
 Be kind/respectful!  
 Everyone has a right to do  
 Help people who need help!  
 Culture/religion  
 Muslims Christian  
 Islamism  
 Lutheran  
 YOUR CULTURE




 ANTI-RACISM





**ROCK  
STEADY™**

# ROCK AND POP BAND LESSONS HERE IN SCHOOL

**BOOSTS CHILDREN'S  
CONFIDENCE, WELLBEING  
AND SOCIAL SKILLS**

- LEARN UP TO 300 MUSICAL SKILLS
- FOR CHILDREN 4-11 YEARS
- NO EXPERIENCE NECESSARY
- ALL INSTRUMENTS PROVIDED
- EXAM-FREE MUSIC QUALIFICATION
- PARENT TIMELINE UPDATES
- TERMLY CONCERTS

BOOK  
YOUR CHILD'S  
PLACE ONLINE  
TODAY

*"I have noticed a huge improvement in my daughter's confidence, social skills as well as academic skills"*

Aleksandra

➔ [rocksteadymusicschool.com](https://rocksteadymusicschool.com)



Call: 0330 113 0330

(Mon-Thurs 8am-8pm, Fri 8am-6pm, local rate)

**WELLBEING RESOURCE  
OF THE YEAR 22/23**  
EDUCATION TODAY AWARDS



SCAN ME



**MissionGrove**  
PRIMARY SCHOOL

RESPECT YOURSELF RESPECT OTHERS



**Reception**

**Year 2@**

**@ 11.30**

Save the date

**12.15**

**Come dine  
with us**

**Wednesday 20th November  
2024**

**Eat well. live better.**

Come and join your child for lunch at 12.30  
on 20th November Cost £3.50



**MissionGrove**

PRIMARY SCHOOL

RESPECT YOURSELF

RESPECT OTHERS



**27th November 2024**

Please join your child for a school meal at 12.15 on  
Wednesday 27th November

The cost is £3.50 and you can pay in cash or card at the  
office or on parentpay.

**Year 1 @ 12 noon then  
Year 4 @12.30**



save the date



# CHRISTMAS

# Fair

DECEMBER

16<sup>TH</sup>

Monday

FOOD . CRAFTS . GAMES .  
MEET SANTA

Starts at 3.30pm to  
6.30pm

- North Site Buxton Road E17 7EJ



# WHEN IS SICK TOO SICK FOR SCHOOL?



## SEND ME TO SCHOOL IF I HAVE...

- A runny nose or a mild cough, but no other symptoms and can take part in school activities.
- Not taken any medicine to lower my temperature for 24 hours, and I haven't had a fever during that time.
- Not thrown up or had any diarrhea for 24 hours and didn't need medicine.



## KEEP ME AT HOME IF I HAVE...

- A temperature higher than 37.7°C (99.9°F).
- Been throwing up or have had diarrhea in the last 24 hours.
- Eyes that are red and painful with discharge that keeps coming back.
- Body aches, tiredness, and headaches.
- A sore throat with a fever.
- A bad cough.
- A rash not diagnosed by a health care provider.



## FOLLOW UP WITH MY HEALTH CARE PROVIDER IF I HAVE...

- A fever for more than 2 days.
- A sore throat and fever for a few days.
- Been throwing up or have diarrhea for more than 2 days.
- A cough for more than a week, and it isn't getting better.
- Had a fever and now have a rash.

4 Swallow	95.59%
3 Wren	95.70%
1 Moorhen	95.75%
4 Swan	95.99%
4 Skylark	96.01%
6 Grouse	96.29%
2 Kinglet	98.05%
Nursery South	
Full Time	98.05%
6 Goose	98.22%

## Attendance

Well done to Goose class for topping the attendance chart. It is important that all children attend school as much as possible. Lessons and friends can move on quite quickly.