

Well done everyone, we have achieved the Bronze UNICEF RR award. Thank you to Mr Gwynn Jones and Grouse for their assembly today highlighting the articles and what it all means. Apologies for not getting the assembly dates on the calendars. The new website is now up and running. The pictures



Friday 122nd November 2024

will be changing soon. One great new function is the translator key in the top right hand corner.

The weather has certainly got a little colder. Please make sure that children are wearing appropriate clothes and footwear.

The PTA are in full swing getting ready for the Christmas Fair. Raffle tickets will be on sale soon, 50p a ticket and ± 2.50 for a booklet.

We are having our annual Christmas film nights on the 5th December. The children will be with their year groups watching various films from Elf to Muppets Christmas Carol. The tickets are £6 (£1 cheaper then last year!) and includes the children staying at school until 6pm and having a hot dog (vegetarian option available) chips and a drink . Tickets available from Friday 29th from the class teachers and office. You can pay on parent pay too.

Thank you to everyone who bought a book from the book fair, you helped raise an amazing £1,291 for the school to buy scholastic books.

Thank you to the Reception and Year 2 parents who attended this weeks Come Dine with me. Next Wednesday we are inviting year 1 and Year 4 to come and eat with their child and enjoy the amazing food that the kitchen teams cook.

Please check the calendar dates as we have lots of events coming up in school.

Unfortunately, Ms Osbourne is still off sick. Mr Darling has been teaching Goose class in her absence. We wish her a speedy recovery. **Reception Parents**

Christmas is now upon us so what better way to get into the festive spirit than coming to our Mission Grove

North Site Nativity -11th December at 10am or 2pm

South Site Nativity -13^h December at 10am or 2pm

Book your tickets from your child's class teacher. Tickets cost £1:00 per performance, photos (individual or class £1:00 each)£2:00 for secure youtube link.

We look forward to seeing you at our performance!



Katie Jennings

Head Teacher

SPECIAL DATES IN NOVEMBER

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Year 5 Camping Trip		Noven
2025		26th
Lambourne end		27th \
<u>www.lambourne-</u> end.org.uk		
We would really like all of the children in year 5 to go camping in 2025. The dates have been booked		28th
and we will take a class for 1 night of camping and activities. This will include a farm walk and caving amongst others.		<u>Decer</u> 3rd
There will be meetings for parents of children in year 5 to find out more information.		4th 5th
There will be a cost of £80 per child. This will include the coach to and from the site, the camping facilities, the activities and the breakfast and dinner meals.		9th 10th
We are letting you know now so that you can pay in instalments. We are also providing camping gift cards to buy as		11th 13th 16th
presents for Christmas, birthday, Eid and any other events .		17th 18th

November					
26th	Sparrow trip to pumphouse				
27th Year 5 & 6 Annual Trip to The Chicken Shed Theatre					
	Come Dine with me Year 1 - 12 noon, year 4 - 12.30pm £3.50 to come and have a lunch with your child.				
28th	Swan trip to Pumphouse				
	Year1 science Museum trip				
	Mallard class assembly				
December					
3rd	South site Pantomime				
	Skylark Pumphouse				
	9am & 5.30pm Year 5 Camping trip meetings north				
4th	North site Early years and year 1 Pantomime				
	9am & 5.30pm Year 5 Camping trip meetings south				
5th	Years 2,3,4 Pantomime North				
	Festive Film Night £6				
	Full Governors				
9th	Rocksteady Bands Concerts 10.30am South site				
	2.30 pm North site				
10th	Music Concert 1.30pm				
	Swallow at the Pumphouse				
11th	Nativity North 10am and 2pm showings				
13th	Nativity South 10am and 2pm performances				
16th	Christmas Fair 3.30pm—6.30pm on North site please bring friends and family				
17th	Christmas Parties				
	Civic Hall Carol Concert				
18th	Christmas Lunch				
19th	Last Day of term normal time finish—wear a Christmas jumper				

Winter wellness

Check out the Waltham Forest NHS leaflet about things you can do this winter to stay healthy.

Click here

It talks about vaccinations, support and helplines and places to go to stay warm and access food.



School Uniform

We are very proud of our school uniform. Wearing the correct school uniform enables children to feel part of their school community. Please continue to support us in maintaining high standards of uniform.

<u>Please can we remind you that jewellery, nail varnish</u> and large hair accessories (including large hair bows) should not be worn to school.

Please could all children wear black footwear. White trainers etc. are not permitted (unless being worn for PE).

We do have the school uniform swap shop if you need help with uniform. Please just ask in the office.

Form	%	
2yr North AM		82.52%
R Cuckoo		88.56%
R Chaffinch		88.90%
Nursery North AM		90.35%
R Crow		90.39%
1 Mallard		91.38%
2 Kestrel		91.49%
R Chiff Chaff		91.79%
1 Magpie		91.87%
1 Merlin		92.05%
4 Sparrow		92.31%
3 Wagtail		92.54%
Nursery North Full		
Time		92.82%
Nursery South AM		93.24%
6 Goldcrest		93.63%
5 Barn Owl		93.74%
Nursery South PM		93.79%
Nursery North PM		93.81%
2 Kittiwake		93.84%
5 Blackbird		93.84%
2 Kingfisher		94.08%
Key Stage 1-4		94.25%
3 Woodpecker		94.32%
3 Waxwing		94.33%
2yr North PM		94.34%
6 Goldfinch		94.34%
5 Buzzard		95.28%
4 Swallow		95.45%
3 Wren		95.50%
1 Moorhen		95.53%
4 Skylark		95.63%
6 Grouse		95.83%
4 Swan		96.21%
2 Kinglet		97.77%
Nursery South Full		
Time		98.00%
6 Goose		98.26%



CHRISTMAS Fair



FOOD . CRAFTS . GAMES . MEET SANTA Starts at 3.30pm to 6.30pm North Site Buxton Road E17 7EJ



ROCK AND POP BAND LESSONS HERE IN SCHOO

BOOSTS CHILDREN'S Confidence, Wellbeing And Social Skills

- LEARN UP TO 300 MUSICAL SKILLS
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Call: 0330 113 0330 (Mon-Thurs 8am-8pm, Fri 8am-6pm, local rate) "I have noticed a huge improvement in my daughter's confidence, social skills as well as academic skills" Aleksandra

WELLBEING RESOURCE OF THE YEAR 22/23 EDUCATION TODAY AWARDS



Things You Need to Know About

What Do Lice Look Like?

Adult hair lice are 2 to 3 millimeters in length — approximately the size of a sesame seed. They are tan or gray-white and have six legs, each with a claw.

Head Lice Symptoms: Itchy, Red Bites and Bumps

Little red bumps on the scalp, head and shoulders, and cause the skin to become inflamed and intensely itchy

Sure Signs of Hair Lice Infestation

You may get the feeling that something is moving around in your hair and see dandruff-like flakes that you cannot dislodge.

Who's Most at Risk for Lice in Hair?

Kids in day care, preschool, and elementary school, and family members of children who have lice are at the highest risk.

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How Do You Get Lice?

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Head lice usually spread from one person to another by close head-to-head contact or contact with an infested person's grooming tools.

Hair Lice Treatments: Lotions and Shampoos

Head lice are commonly treated with medicated shampoos or lotions containing pyrethrin or permethrin

How to Search for Nits and Lice in Hair

You have hair lice when you spot at least one louse on your hair or scalp.

The Don'ts of Treating Hair Lice

Medicated lotions and shampoos may contain flammable chemicals, so don't dry your hair with a blow dryer

How Do You Keep Head Lice From Coming Back?

Simple household cleaning can help get rid of lice in hair and their nits

Tips for Preventing a Head Lice Infestation

Refrain from head-to-head contact — and ask your kids to do so when they're playing with other children. Don't share personal items, such as hair accessories, scarves, and towels.





27th November 2024

Please join your child for a school meal at 12.15 on Wednesday 27th November The cost is £3.50 and you can pay in cash or card at the office or on parentpay.

Year 1 @ 12 noon then Year 4 @12.30



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At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators EDUCATING CHILDREN ON SPENDING AND SAVING

Evidence shows that children's spending habits begin to form as early as seven years old. With primary schools in England not required to teach financial literacy, many young people are reaching adulthood without knowing the basics of budgeting. This guide explains how to teach young people about money in a practical way, giving them the understanding to become savvy spenders and savers.

PROVIDE POCKET MONEY

Giving children money – even a small amount – can help them learn to make their own budgeting decisions about how to spend or save it. Research shows that youngsters who receive pocket money are more likely to become adults with strong financial skills and significantly less debt

2 USE A PREPAID CARD

Being able to pay by card is essential these days, with some retailers not accepting cash since the pandemic. Prepaid debit cards are available for children from the age of six, allowing them to get used to spending like they will as adults with no risk of dipping into an overdraft. Learning about money is like learning to swim – you need to get in the pool and have a go!

3 PRACTISE BORROWING

Although official borrowing is only available to over 18s, kids need to understand how debt and interest works before they become adults and are exposed to credit cards or 'buy now, pay later' schemes. For a safe means of teaching them about this, parents could offer them extra pocket money but explain that it needs to be paid back by a certain date, plus an extra couple of bounds as interest.

4 ENCOURAGE OPEN CONVERSATION

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Chatting about money and how much things cost will teach children that finance is a part of everyday life and not some "scary adult thing". Parents can involve them in budgeting for the weekly shop, for example, working together to get everything on the list while keeping the total below a certain number. Letting young ones make spending decisions in a safe space can build up their confidence regarding money.

5 DISCUSS THE PRESSURE TO SPEND

Whether it's YouTube ads or a hint of envy at a friend's recent purchase, spending triggers are everywhere. Encourage children to notice how clever shop design (like placing sweets at the checkout) and offers such as 2 for 1' deals entice us to spend more. Challenge them to resist impulse buys by getting them to sleep on it before deciding to spend.

Meet Our Expert

GoHenry is a prepaid debit card and financial education app with a mission to make every young person smart with money. Co-founder and CEO Louise Hill is a passionate campaigner for better financial literacy among school children and strongly believes that money management is a crucial life skill.

Source: See full reference list on guide page at: https://nationalcollege.com/guides/spending-and-saving

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6 TELLING 'NEED' FROM 'WANT'

Learning how to prioritise spending is an important life skill: the difference between life's essentials and "nice to haves" is key to budgeting. If children pester you for treats while shopping, it's the perfect time to say "That's a want. We're getting our needs lirst." You could show how you budget for food, electricity and so on before buying fun things.

7 ENCOURAGE SAVING

Getting children saving early can set them up with a useful habit for their adult life. Suggest that they set something aside every time they receive money and help them set a target for how much to put away, so they feel motivated to continue. For example, encouraging them to save for a friend's birthday gift can get children much more invested in what they buy.



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Motivate children by telling them about interest; you can describe it as a reward for saving money. Explain how everything they put away will grow over time. As an exciting example, explain that 1p doubled every day for a month would amount to approximately £10 million. Some prepaid cards for young people also offer interest; parents and carers could also add a little to supplement what their child saves and show how it works.

9 PAYING FOR CHORES

This is a complex debate with no right or wrong answer: it depends on what works for each individual family. However, it can be one of the best ways to teach children that money needs to be earned and helps to create more mindful spenders. If parents aren't keen on paying for everyday chores, they could ask the children to suggest their own ideas for earning a little extra.

10 PROTECT CHILDREN

Scams are a terrifyingly easy way to lose money and children are generally more likely to be taken in due to a lack of experience with these financial criminals. As a minimum, make sure they're aware of the most common scams they could be exposed to - by text, email and phone, for instance. Young people should tell a trusted adult about any unexpected message or call and never give out their personal information.



The National College

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WALTHAM FOREST HOLIDAY ACTIVITY AND FOOD PROGRAMME 23 DEC 2024–3 JAN 2025

Making

Mindful

ARE YOU AGED BETWEEN 5–16 AND IN RECEIPT OF BENEFIT RELATED FREE SCHOOL MEALS?

Funded by the Department for Education, this winter we have the opportunity for you to try a wide range of free activities, have fun, make friends and enjoy a free meal every day across the borough. To book your place and find out more scan here:





or visit WALTHAMFOREST.GOV.UK/HOLIDAYS

Booking is essential on all activities so book early to avoid disappointment For queries please contact the Waltham Forest Holiday Activity Programme team on:

WFHOLIDAYACTIVITYPROGRAMME@ Walthamforest.gov.uk







Waltham Forest Town Hall, Fellowship Square, Forest Road, London E17 4JF

 Email:
 wfholidayactivityprogramme@walthamfor est.gov.uk

 Direct Line:
 0208 496 3000

 Date:
 Thursday 14th November 2024

Dear Parent

Re: Book your child for their free Winter holiday club

I am pleased to be writing to invite you to book your child onto the free Waltham Forest's Holiday Activity and Food Programme for Winter 24/25.

These free holiday opportunities are funded through the government's Holiday Activities and Food (HAF) programme, which enables us to provide a holiday programme across the borough for primary and secondary school aged children who are eligible for benefits-related free school meals.

From Monday 18th November you will be able to visit the website below where you will be able to book your child onto a range of sessions. To ensure all eligible children have access to our programme, your child is able to book up to **4 sessions** during the Winter holidays from Friday 20th December- Friday 3rd January 2025, at no cost to you. The sessions will include a variety of fun activities, including sports, music, arts and other exciting opportunities to learn and develop skills, alongside a nutritious meal each day.

- To find out more and the places available to book, please visit www.walthamforest.gov.uk/holidays
- If you have any queries regarding the holiday activity programme, please email wfholidayactivityprogramme@walthamforest.gov.uk or call 0208 496 3000.

In addition to this free programme, families who are eligible for Universal Credit may be able to claim back up to 85% of their childcare costs. Please visit <u>https://www.gov.uk/help-with-childcare-costs/universal-credit</u> to find out more.

Yours faithfully,

Lindsay Jackson Assistant Director Access, Participation and Mainstream Inclusion Waltham Forest Council